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# Diary Of A Disgruntled Man (Vernon Coleman's Diaries Book 1)

Diary Of A  
Disgruntled Man



Vernon Coleman



## Synopsis

The Diary of a Disgruntled Man is the first of Vernon Coleman's hugely popular series of diaries. (Others include 'Just Another Bloody Year', 'Bugger off and Leave Me Alone' and 'The Return of the Disgruntled Man'.) A book for the politically incorrect who question and laugh at the absurdities of modern life and who have little respect for those who rule our lives without a passing nod in the direction of democracy and justice. The Diary of a Disgruntled Man was not originally intended for publication; it started out as a private diary and is the true story of a single year in Vernon Coleman's life. It is by far the most personal book he has ever written and it is wild, original, tough, revealing, laugh out loud funny, heart breakingly sad and always painfully honest. It is unsuitable for the overly sensitive and politically correct. The revealing flashbacks about Vernon's life as a GP, police surgeon, television presenter, best-selling author, newspaper columnist and publisher make it the closest thing Vernon will ever write to an autobiography. But it is more than an autobiography; it is a social commentary in the tradition of Samuel Pepys and in the tradition of Pepys it is gloriously indiscreet and rather rude. 'I am not going to edit my life,' said Vernon, when asked if he really wanted to leave everything in the book. The humour is sharp, ironic and very, very English. You will discover what (former Private Eye editor) Richard Ingrams threatened to tell (current Private Eye editor) Ian Hislop about Vernon (and Vernon's response) and what happened when Vernon officially applied for a job with MI5. The Diary of a Disgruntled Man is 240,000 words long and we have a large boxful of letters from readers who loved every page. Vernon Coleman is a qualified doctor and GP. He has earned his living as a professional author for over 30 years and his books have appeared in the Sunday Times bestseller lists and in bestseller lists around the world. His books have been translated into 24 languages and sold in over 50 countries. The film Mrs Caldicot's Cabbage War was based on his novel of the same name. His bestselling medical books include Bodypower and How To Stop Your Doctor Killing You. There is a list of available books on Vernon Coleman's author page.

What the papers say: Coleman is a very funny writer - This England  
Vernon Coleman writes brilliant books - The Good Book Guide  
He's the Lone Ranger, Robin Hood and the Equalizer rolled into one - Glasgow Evening Times  
He writes lucidly and wittily - Good Housekeeping  
No thinking person can ignore him - The Ecologist  
The calmest voice of reason - The Observer  
A godsend - Daily Telegraph  
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Britain's leading medical author - The Star  
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The Sun Perhaps the best known health writer for the general public in the world today - The  
Therapist The patients' champion - Birmingham Post A persuasive writer - Nursing Standard Probably  
one of the most brilliant men alive today - Irish Times Outspoken and alert - Sunday  
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## Book Information

File Size: 2107 KB

Print Length: 625 pages

Publication Date: March 3, 2014

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00IS0WYD0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #198,651 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #47

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## Customer Reviews

The author is a bitter man who is at a cranky stage of his life where he is on a soapbox proclaiming  
hatred of the way things are in this modern world. He detests both British and American current  
governments in near equal balance, and attempts to look at both using a sense of humor (humour)  
which is fun at first, but then drags on unerringly making the book tedious to read. There are  
passages that I did roar with laughter on reading, but overall I kept thinking to myself that life is far  
too short to not step back and try to ENJOY our golden years.

I believe I would read just about anything this delightful author publishes....actually I am working my  
way through everything I can find...the only not so good thing is coming to the end. When I pick up  
something written by Mr. N.C. it is to me spending time with a very dear friend....Cjarios

Very enjoyable diary (the first in a three-part series), with insights into Dr. Colemans passions (good and bad). Wish there were more

This was an unfortunate book. It is totally a "gripe session" for this nice guy, and I wonder why he wrote and published it... I couldn't finish it. Sorry....

Grumpy, grumpy, .....he's entitled to feel however he wants, but I'm sorry I bought this. Judging from his other books, which I loved, this had no humor or redeeming features. Just rants.

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